

LEADER AS HEALER

Pioneering Leadership for a New Future

A six month programme, in person and online

Led by Nicholas Janni

Are you ready to commit to the unfolding of your highest potential?

The purpose of this programme is to activate the leadership skills and mindsets that our times of unprecedented challenge are calling for.

In this moment of 'radical uncertainty,' what previously felt like stable points of reference are in active upheaval. It is difficult to secure a stationary vantage point from which to access a reliable picture of how things will look in a month's time, let alone a year.

Still, you are asked to deliver results in markets that shift overnight, to reassure employees when you are uncertain yourself, to care for teams who are exhausted while masking your own fatigue. You make decisions with incomplete information, manage one crisis after another, and live with a gnawing sense that the known playbooks no longer work as they did.

The leadership tasks at hand demand that we prepare ourselves to welcome, encounter and creatively interface with a world we cannot foresee and that may well be unrecognizable from the context that we consider familiar and reliable.

This unique programme therefore intends to provide the theoretical and practical foundations for you to:

- Be a source of inspiration and direction in a context that is ever more destabilized and seemingly dark.
- Build and maintain an effortless inner resilience and embodied Presence
- Make uncertainty a powerful ally.
- Make conscious and directly heal the limiting personal and ancestral imprints that keep you playing smaller than your full potential.
- Integrate left and right brain, activating your highest intelligence
- Live more constantly in states of flow, characterised by:
 - Ease
 - Clarity
 - Inner stillness
 - Relational intelligence
 - High levels of intuition and direct 'knowing'
 - Expanded consciousness
 - Flow of creative ideas and innovative solutions

PROGRAMME FORMAT

- Begins with a 3 day in person retreat in Puglia, South Italy

Followed by:

- Six 3-hour online modules, monthly
- The programme will complete with a 2-day retreat in person, Puglia, South Italy

Also during the programme:

- Each participant will receive six [1:1 Matrix coaching sessions](#), online, with coaches of Nicholas' core team.

PROGRAMME LEADER

Nicholas Janni

Nicholas Janni has been working with CEO's and senior teams globally for over twenty-five years, and teaches at two of the world's leading business schools, pioneering a new vision and practice of leadership. He bridges the worlds of creative, personal, spiritual and professional development in a uniquely powerful, relevant and accessible way.

His book *Leader as Healer*, a new paradigm for 21st century leadership was published to wide acclaim in 2022 and won Business Book of the Year at the Business Book Awards 2023.

Since an awakening at the age of 16, Nicholas has devoted his life to the development of human potential and has studied and practiced many different forms of personal and spiritual development.

He is the co-founder of Matrix Development

www.thematrixdevelopment.com

www.thematrixdevelopment.com/coaches/nicholas-janni



"In my decades developing executives at top business schools, Nicholas Janni's work has consistently been the most transformational I have witnessed. He is the linchpin of every program I direct. Given the existential challenges we face, there is no book that is more important and timely."

MICHAEL WATKINS

Professor of Leadership and Organisational Change, IMD Business School, author of The First 90 Days

TUITION

The programme will run with a maximum of 12 and a minimum of 8 participants

Cost per participant: €8,975 excluding VAT

This tuition includes all programme tuition and individual Matrix coaching sessions.

The tuition does not include:

- Venue costs for each retreat.
- Business class travel for Nicholas and one assistant.
- These costs to be shared amongst the participants

DATES

- First retreat dates: March 12-15, 2026
- Followed by 6 meetings online, April to August
- Final retreat: September 18-19, 2026

Acceptance on the programme is by application

For application form, registration and further details email: us@thematrixdevelopment.com

APPLY NOW



The work is based on Nicholas Janni's ground-breaking methodology and principles covered in his book:

Leader as Healer:

A New Paradigm for 21st Century Leadership

The Business Book Awards 2023

Business Book of the Year



COMING IN FEBRUARY 2026

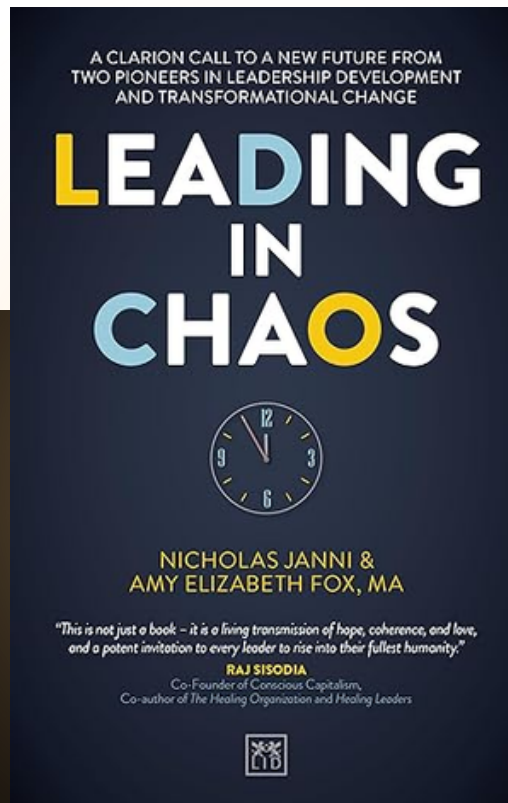
A new book from Nicholas Janni & Amy Elizabeth Fox, MA

A clarion call to a new future from two pioneers in leadership development and transformational change



NICHOLAS JANNI

Co-Founder and Programme
Director, Matrix Development
Author of *Leader as Healer – A New
Paradigm for 21st Century
Leadership*
Winner, Business Book of the Year
2023



AMY ELIZABETH FOX, MA

Co-Founder and Chief Executive
Officer, Mobius Executive Leadership
Leading expert in vertical
development, transformational change,
and trauma-informed consulting

"Here, ancient wisdom traditions speak to quarterly earnings. Trauma healing becomes organizational strategy. The body's intelligence supersedes the mind's calculations. Prayer and spreadsheets coexist. This isn't New Age wishful thinking but a rigorous argument that unless we reunite body and mind, heart and strategy, sacred and secular, we will continue to create the conditions that threaten our species' survival."



MICHAEL WATKINS

Professor of Leadership and Organisational Change,
IMD Business School, author of *The First 90 Days*